

**BCCS**  
**HS PARENTING/LIFE MANAGEMENT CURRICULUM MAP**  
 (Revised 4-05)

<b>Month</b>	<b>Content</b> What topic(s) is being covered and what is the important vocabulary? What do students need to know		<b>Skills</b> What do students have to be able to do connected to the Content?	<b>Essential Questions</b> What are fundamental, enduring questions that will guide study and instruction?	<b>Standards/ Benchmarks</b> What benchmarks are met through this topic?	<b>Instruction</b> What activities are used to develop the skills and knowledge?	<b>Resources</b> What materials, texts, videos, internet, software, or human resources support instruction?	<b>Assessment</b> What evidence (products and/or performances) is collected to establish that the Content and Skills have been learned?
<b>September</b>	<b>Topic:</b> Preparing for Parenthood  Family styles Parenting styles	<b>Vocabulary:</b> Growth Development Behavior Environment Heredity Sequence Family styles Family Life Cycle Parenting styles	<ul style="list-style-type: none"> <li>• Explain why childhood is important</li> <li>• Describe reasons for studying children</li> <li>• Assess readiness for parent-hood</li> <li>• Analyze parenting methods</li> <li>• Describe various family structures and effect on parenting</li> </ul>	<ul style="list-style-type: none"> <li>• Why study about Children?</li> <li>• In What Ways do Children Develop?</li> <li>• How does the family affect Child growth &amp; development</li> </ul>	A 4, B 1-3 C 1,3 D 1,2 E 1-2 F 1-4	Lecture Study guides Discussion Videos Interviews Reading Textbook: <i>The Developing Child</i>	Textbook: <u>The Developing Child</u>  "Baby think it Over"  Videos: Family Life cycle, Are you ready to be a Parent?  Filmstrip: Parenting, Mothers, Fathers, Others	Study guides Tests Expense of Baby project "Baby Think It Over" project

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<b>October</b>	<b>Topic:</b> Guidance & Discipline Child Abuse & Neglect Child Care Options	<b>Vocabulary:</b> Guidance Discipline Punishment Consistency Child abuse Neglect Headstart Nursery school Day-Care Nurturing Latchkey	<ul style="list-style-type: none"> <li>• Explain importance of consistency in guidance</li> <li>• Apply effective techniques to encourage appropriate behavior</li> <li>• Identify effective ways of dealing with misbehavior</li> <li>• Explain what child abuse is &amp; analyze why it happens</li> <li>• Discuss what can be done to prevent child abuse</li> <li>• Identify common signs of Child abuse\neglect</li> <li>• Identify advantages and disadvantages of the types of substitute child care</li> </ul>	<ul style="list-style-type: none"> <li>• What is the ultimate goal of discipline?</li> <li>• Why don't Children follow rules?</li> <li>• What causes child abuse?</li> <li>• Why and when do people need substitute child care?</li> </ul>	A3,4 B1-2 C1,2 D2	Lectures Discussion Study guides Videos	Textbook: <u>The Developing Child</u> Book: <u>A Child Called It</u> Videos: Discipling Children Tape from 20/20 Nightline: Child Abuse Choosing child care	Tests Study guides Reading aloud of <u>A child Called It</u>

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<b>November</b>	<b>Topic:</b> Teen Pregnancy and Parenthood  Prenatal\Dev	<b>Vocabulary:</b>  Low-birth Weight Miscarriage Premature Adoption  Zygote Embryo Fetus Trimesters Conception Amniotic Fluid Placenta Umbilical Cord Uterus Ovum Sperm	<ul style="list-style-type: none"> <li>• Distinguish between sexuality and sexual activity</li> <li>• Describe negative consequences of sexual activity and teen pregnancy</li> <li>• Identify various options a Pregnant teen has</li> <li>• Describe development in each of 3 stages</li> <li>• Describe effects of prenatal dev. On mother in each stage.</li> <li>• List factors which may affect baby in prenatal dev.</li> </ul>	<ul style="list-style-type: none"> <li>• Why is it a problem when Teens get pregnant? Or is it?</li> <li>• How might what happens during prenatal life affect a person later on in life?</li> </ul>	3.3	Review voc. Cards Lectures Videos Study guides Discussion Textbook	Textbook: <u>The Developing Child</u> <u>Life</u> magazine pictures Lecture notes  Video: Childbirth, Part I Video: Take Charge of Your Pregnancy Video: Miracle of Life	Tests Poster depicting each stage

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<b>December</b>	<b>Topic:</b> Human Heredity  Genetics  Infertility options	<b>Vocabulary:</b> Chromosome Dominant Recessive Genes Infertility Surrogate In vitro fertilization Ovum transfer Artificial Insemination Adoption Blended traits Sex-linked traits Identical Fraternal Mutation Siamese twins Birth defect Amniocentesis Chorionic villi sampling Miscarriage Stillbirth Ultrasound Genetic Counseling Fetal Alcohol Syndrome Fetal Alcohol Effects	<ul style="list-style-type: none"> <li>Describe how personal characteristics are inherited</li> <li>Explain causes of Multiple Births Evaluate different possible solutions for infertility</li> <li>Contrast miscarriage and Stillbirth</li> <li>Identify major birth defects</li> <li>Explain the four causes of birth defects</li> <li>Describe how birth defects can be diagnosed and prevented.</li> <li>Identify hazards that alcohol &amp; other drugs pose to prenatal development</li> <li>Discuss other environmental hazards that pregnant should avoid.</li> </ul>	<ul style="list-style-type: none"> <li>To what degree are talents the result of environment and not genetics?</li> <li>How might multiple births affect family resources and family relationship?</li> <li>What problems might occur from infertility methods?</li> <li>How would having a child with a birth defect affect the family?</li> </ul>	A-4 B 1-3 C1,3 D 1-2 E 1-2 F 1-4	Lectures Discussions Study guides Videos Speaker for Open Adoption  Handouts	Video: Twin Reflections Video: Childbirth, part 1 Poster: Twin development Video: Human Heredity Video: Birth Defects Video: Building Better Babies Video: High-tech Babies Filmstrip: More than Love Filmstrip: Tomorrow happen Today Video: Brain Growth? Movie: Broken Cord Textbook	Tests Research Specific Birth Defect Discussion following: movie Broken Cord  Study Guides

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<b>January</b>	<b>Topic:</b>  Pregnancy  Childbirth Choices  Labor and Birth	<b>Vocabulary:</b>  Anemia Obstetrician Rh factor Nutrition Nutrients Alternative Birth center Delivery Labor Lay-midwife Nurse-midwife Postpartum Prepared Childbirth Lamaze LeBoyer Method Cervix Cesarean Birth Contraction Dilate Fontanels Forceps	<ul style="list-style-type: none"> <li>• List the early signs of pregnancy Identify possible complications / and or danger signs</li> <li>• Identify the medical exam given to a pregnant woman</li> <li>• Asses the importance of early &amp; regular medical care during pregnancy</li> <li>• Plan a nutritious diet during pregnancy</li> <li>• Give recommendations about personal care for a pregnant woman</li> <li>• Identify the childbirth choices as available to most parents</li> <li>• Describe how parents can prepare for childbirth</li> <li>• Recognize that labor may have begun</li> <li>• Explain the 3 stages of labor</li> </ul>	<ul style="list-style-type: none"> <li>• Why is pregnancy such an important time?</li> <li>• What role do nutrients and proper nutrition have during pregnancy?</li> <li>• What is prepared Childbirth?</li> </ul>	Same as above	Lectures Discussion <i>Study guides</i> Handouts Trip to Munson Medical Center; tour the birthing rooms and neo-natal Transparencies Posters	Textbook Video: Childbirth, part 1 Video: Taking charge of pregnancy Food Guide Pyramid Video: Pregnancy and Nutrition Video: Inside my Mom Posters Video: I am your Child Posters  Video: Childbirth, part 2	Tests Study guides

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<b>February</b>	<b>Topic:</b> Postnatal period Newborns Premature Breast Feeding Bottle feeding	<b>Vocabulary:</b> Postpartum Depression Colostrum Incubator Apgar scale SIDS Bonding Fontanelles Pediatrician Rooming In Temperment Neonatal Reflexes	<ul style="list-style-type: none"> <li>• Explain the purpose of common hospital procedures following birth</li> <li>• Describe a newborn baby's appearance</li> <li>• Explain the special need of a premature baby</li> <li>• Describe a mother's needs after having given birth</li> <li>• Recognize a baby's reflexes</li> <li>• Describe babies' basic needs</li> <li>• Discuss how babies' needs can best be made</li> <li>• Identify the advantages and disadvantages of breast and Bottle feeding</li> </ul>	<ul style="list-style-type: none"> <li>• Why should a woman breast Feedings?</li> <li>• Why is feeding time so important in an infant's development?</li> <li>• How important is parents' confidence in their abilities to care for a baby? How does confidence affect the baby?</li> <li>• What might happen to a child who fails to bond with a parent or caregiver?</li> </ul>	A 3-4 B1-2 C1-2 D2 E1-2 F1-2,3,4	Lectures Discussions Study guides Handouts Live newborn baby brought To class Transparencies	Textbook Video: Take charge of your Pregnancy Video: Newborn Video: Dr. Spock-Basic baby Care Video: Healthy, Happy Babies Video: Outside My Mom Video: Baby Talk	Tests Quizzes Study guides "Baby Book" (for newborn to age 5)

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<b>March</b>	<b>Topic:</b>  Physical Development Infants  Feeding an Infant  Handling an Infant  Brain Development  Emotional and Social Development of infants	<b>Vocabulary:</b>  Growth Development Motor development Body Proportion Depth Perception Eye-Hand Coordination Teething Mitten grasp Pincher grasp Fine Motor Gross Motor Manipulation Dev. Milestones Colic Weaning Infant Botulism Cradle Cap Primary teeth Solid food Strained food Cortex Axon Dendrite Myelin Neurons Synapse Pacifier Stranger Anxiety Age-Appropriate-riate bev. Transitional Objects Marasmus Attachment Temperament Personality	<ul style="list-style-type: none"> <li>Analyze children's physical development to find 3 patterns</li> <li>Describe physical growth during the first year</li> <li>Describe the development of the senses and motor skills during the first year.</li> <li>Identify the most important milestones of growth and development during a baby's first year of life</li> <li>Describe methods for handling and feeding an infant</li> <li>Discuss other skills involved in meeting an infant's physical needs</li> <li>Explain what functions each part of the brain controls</li> <li>Describe how brain cells work together</li> <li>Identify activities that support the development of brain pathways</li> <li>Describe how behavior is learned</li> <li>Describe how emotions change during infancy</li> <li>Recognize signs of social development in babies.</li> </ul>	<ul style="list-style-type: none"> <li>Why is it important for the father to take a role in caring for infants?</li> <li>How is it true that children all develop differently and yet also true that development follows patterns?</li> <li>What problems might arise when parents either disregard the information on growth charts or pay too much attention to it?</li> <li>Why do infants find routines appealing?</li> <li>What benefits are gained from following a routine?</li> <li>How do the mother's actions contribute to the baby's emotional growth?</li> <li>How does consistent care help build trust?</li> </ul>	A4 B1-3 C1, 3 D1,2 E1,2 F1-4	Lectures Discussions Create a model of brain with clay or play dough Handouts Transparencies Posters Study guides	Textbook Play dough model Posters Video: Physical development 0-5 Video: Infant Development Video: Off to a good start Video: Brain development Movie: Rock a Bye Baby  Video: Nature of Human Attachments	Tests Quizzes Study guide Play dough model "Baby Book"

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<b>April</b>	<b>Topic:</b>  Intellectual Development of infants  Physical development ages 1-3  Feeding a child	<b>Vocabulary:</b>  Cognitive Attention span Piaget's theories Cause and effect Egocentric Object permanence Symbolic thinking Perception Recall Holophrase Telegraphic sentence Articulation Overextending Overrestricting Substituting  Childproof Right brain Left brain Finger foods Toddler Manipulation Refined skills Hygiene Sphincter muscles	<ul style="list-style-type: none"> <li>• Give examples of signs of intellectual growth (infancy)</li> <li>• Identify and give examples of Piaget's stages of learning</li> <li>• Explain how caregivers can make use of Piaget's ideas</li> <li>• Discuss ways parents and caregivers can help babies intellectual growth</li> <li>• Identify toys appropriate for a baby's age.</li> <li>• Explain how babies develop communication skills</li> <li>• Describe how speech develops</li> <li>• Name common speech problems and approaches to solving them.</li> <li>• Describe average changes in height, weight, proportion, &amp; posture ages 1-3</li> <li>• Identify habits that build healthy teeth</li> <li>• Plan meals for young children</li> <li>• Describe common bedtime problems, and how to minimize them</li> <li>• Discuss toilet training</li> </ul>	<ul style="list-style-type: none"> <li>• How do motor skills tie in with an infant's intellectual development?</li> <li>• What comes first, responding to language, or generating language?</li> <li>• How does attention span help in learning?</li> <li>• What does it mean, "A child's job is to play" ?</li> <li>• What factors might interfere with a caregiver's desire to teach self-care?</li> <li>• Why do children need different activities during the day?</li> <li>• What purpose, other than nutrition, do meals serve for a toddler?</li> </ul>	A4 B1-3 C1,3 D1-2 E1-2 F1-4	Lectures Discussions Study guides Handouts Transparencies Memory "tray"	Textbook Video: Intellectual Dev. First 5 years  Video: Baby Talk Filmstrip: Food as children See it  Video: Nutrition for children	Tests and quizzes Study guides Toy Assignment ( find and assess toys for different ages)  "Baby book"  Field trip to Nursery or Day Care ( TBA) to observe

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May	<b>Topic:</b>  Emotional & Social Development ages 1-3  Play types and purposes  Play materials  Health and Safety	<b>Vocabulary:</b>  Negativism Separation Anxiety Sibling rivalry Temper tantrums Self-Concept Cooperative Play Parallel play Solitary play Socialization Large Muscle Small muscle Dramatic play  Artificial respiration CPR Convulsion Fracture Heimlich Maneuver Nontoxic Sprain Infant Mortality rate Shock Allergy	<ul style="list-style-type: none"> <li>• Choose safe, appropriate toys that promote social, mental, physical skills</li> <li>• Suggest ways to encourage young children to learn</li> <li>• Describe patterns of emotional Development ages 1-3</li> <li>• Identify the common emotions of young children</li> <li>• Explain how self-concepts.</li> <li>• Describe patterns of social development ages 1-3</li> <li>• Identify safety hazards for children of different ages</li> <li>• Recognize emergency situations and plan appropriate responses</li> <li>• Identify basic rescue techniques</li> <li>• Explain how health checkups and immunizations help Prevent illness</li> <li>• Give basic guidelines for caring for children who are ill</li> </ul>	<ul style="list-style-type: none"> <li>• What are reasons for toddlers' negativism?</li> <li>• Why is the move for independence difficult for children? Why is it important?</li> <li>• How is the emotional dev.during the toddler years like a roller coaster?</li> <li>• How do family experiences achieve the socialization of a child?</li> <li>• What social skills does a two-year, three year old Exhibit?</li> <li>• How should a caregiver handle a conflict between two toddlers?</li> <li>• What is the most important Responsibility of a caregiver?</li> </ul>	C2-3 D1 E1-4 F2-4	Lectures Study guides Handouts Discussions Transparencies	Textbook Video: Play Video: Safety at Home Video: Ouchless House	Tests and quizzes Study guides Poster- Play and Toys "Baby Book"  If time, CPR instructor